



STROKE RECOVERY ASSOCIATION  
OF BRITISH COLUMBIA

## Young Stroke Survivors Group!! Please Join US!!

If you identify as a stroke survivor we have a new Young Stroke Survivor Group starting up! We don't have an 'age' per se but often issues that affect someone in their 20s, 30s, 40s and 50s can be different than someone in their later years. We want to address your concerns around things such as:

- Getting back to work
- Intimacy and relationships
- Managing emotional distress
- Parenting dynamics have changed
- Health concerns (speech and mobility solutions)

### **And MORE!**

If this sounds like you please join us on Feb 28<sup>th</sup>, at Infocus Employment Services Building, 721 Kings Road (between Douglas and Blanchard St.). For further information: please call Vicki Pilot (250) 686-8653 or email: [vpilot@marchofdimes.ca](mailto:vpilot@marchofdimes.ca)

